



**This Sunday:  
The Third Sunday in Lent  
March 3, 2024  
9:00 AM**

Join us in person for our service.

Or join us by going to the Parish Facebook page for the online service:

<https://www.facebook.com/stpetersport/>

The worship leaflet will be included in the Sunday morning worship reminder.

There will be a coffee hour with breakfast served after the mass.

**This Sunday's Ministers**

Eucharistic Ministers: Janene Gorham and Myrna Koonce

Crucifer: Wayne Franklin

Lector: Cindy Sherwood

Usher: Lenita Richard

Coffee Hour Hosts: Breakfast: Patty Lamb, Anita Chandler, and Bob Simmons

Music Notes for this Sunday are found at the end of Key Notes.

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Dear Friends,

I like to sing. Do you? Some of us have been singing since before we were even uttering words. Some of us stopped singing long ago, perhaps when we were told at an early age that we should not sing - that somehow our voices detracted from the sound of a choir or classroom group that was learning a song.

Yet we know how important music and the sound of our voices can be in offering praise to God. St. Augustine once wrote, "The one who sings prays twice."

I like to sing, and I like to sing with others, especially when making an offering to God. On Tuesday, March 12, I invite you to join me at church for an evening of singing. We will meet at 7:00 PM. We will have a chance to sing some hymns, some rounds, and immerse ourselves in different ways by which the people of God have raised their voices in song.

Let me assure you, no experience in singing in a choir is necessary. You do not have to read music or feel you have a solo voice to join in. And if you were told long ago that you should "just mouth the words" this just may be the evening for you.

Consider the words of a Zimbabwean proverb: "If you can walk you can dance, if you can talk you can sing." I hope you will make your way to the church on March 12 (maybe even dancing your way there) to join with others in making a joyful noise.

Faithfully,

Fr. Tom

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## **Breakfast is Served on Sunday March 3**

Our first Sunday of the month breakfast at coffee hour this Sunday will feature French toast. A suggested donation is \$5 for the meal. As always, thank you to our chefs, Patty Lamb, Anita Chandler, and Bob Simmons for providing this time of good food and fellowship.

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## **The Sense and Sensibility Book Discussion: Wednesdays at 6:30 PM on Zoom**

Join us as we move through Lent with these daily devotions. The link for the Zoom gathering is [here](#).

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## **Stations of the Cross: Fridays at 5:30 on Zoom**

You are invited to join this devotional service each Friday at 5:30 PM during Lent as we trace the last steps of Jesus from his arrest to his crucifixion. This service is on Zoom only, and the Zoom link is [here](#).

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## **Offering a Ride to Church**

The rector is aware of several persons, including long time members and new attenders, who would benefit from a ride to and from church on Sunday mornings. Might you be able to assist? The locations are in South Portland and Portland. Please be in touch with Father Tom ([stpeters.tmousin@gmail.com](mailto:stpeters.tmousin@gmail.com)) for details if you can help out on a regular or occasional basis.

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## **Another Way to Help Our Neighbors: The Hope Squad**

If able, please review the needs list below and donate what items you can. There will be a box in undercroft labeled HOPE Squad.

*Hope deferred makes the heart sick, but a longing fulfilled is a tree of life. Proverbs 13:12*

Backpacks

Throw blankets

Handwarmers

Women's hoodies

Ladies long sleeve shirts (no sweaters)

Leggings

sweatpants - men & women's

Cough drops

Hot cocoa packets

Hot Cocoa powder in tubs

Oatmeal packets

Cheese Its & Goldfish individual packets

Hard candy or lollipops

Pop Tarts

Oversized Chocolate Bars (for Bingo prizes at shelter)

Bags of mini-sized chocolate bars

Single servings Apple Sauce

Individual Drink mix packets (they get so tired of drinking plain water)

Men's jeans waist 30-32

Puzzle books

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## **Aging With Grace Conversation about Hospice**

Our hour long conversation was recorded on Zoom. If you would like to listen, please let Fr. Tom know.

Next month, we will be meeting on Wednesday March 20 at 4 PM. (note change from 3 PM).

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## **The Merry Hearts Lunch Will Be Once A Month**

In restarting this offering, we have decided to meet monthly rather than every week, as originally planned. Our next gathering will be Thursday, March 21st at noon.

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## An Invitation From the Junior Warden

This granite bench on our side walkway needs a facelift and we're wondering if anyone would like to take on the project this spring of "righting" what's wrong. If interested in owning this project or working with me, let me know.

Wayne H. Franklin



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### Compline Link

Join us for the Compline Prayer Service on Zoom on Wednesday, March 6th.

**Here** is the service for Compline.

The Zoom link is **here**.

Please note: When you join for Compline during Lent, we will be finishing up reflections on our Lenten book study that meets at 6:30 PM. The link for both the book study and Compline are the same.

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### Looking Ahead

**Stations of the Cross: Friday March 1 on Zoom.**

**Sense and Sensibility Conversation on Zoom: Every Wednesday at 6:30 PM followed by Compline**

**St. Elizabeth's Volunteer Morning: Tuesday March 12**

**Come Join the Song: An Evening of Singing: March 12 at 7:00 PM**

**Youth Service Corps Gathering: Sunday March 17th**

**Holy Week and Easter Services**

**Sunday of the Passion: Palm Sunday**

Mass on Sunday March 24th at 9:00 AM

The service will include the distribution of palms and the reading of the Passion Gospel from St. Mark.

**Compline**

Wednesday March 27th at 7:00 PM on Zoom. the Zoom link is [here](#).

**Maundy Thursday Mass**

Mass on Thursday March 28th at 7:00 PM

We recall the institution of Holy Communion by Jesus at the Last Supper.

**Good Friday Service**

Friday, March 29th at 7:00 PM

The Prayer Book Service for Good Friday, including the Passion Gospel from St. John

**Easter Vigil Service**

at St. Luke's Cathedral, 143 State St. Portland

Saturday, March 31 at 7:00 PM

**Easter Day**

Festival Mass on Sunday, April 17 at 9:00 AM

We celebrate the resurrection, including special music,

incense, and a celebratory coffee hour after the service.

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## **Easter Flowers**

It is not too early to plan for donating flowers for our Easter celebration. For a donation of any amount, you can give flowers in honor of loved ones or in memory of those who have died.

You will find offering envelopes at church if you wish to make donations for Easter flowers in memory or in honor of loved ones. You can also list your donations at the flower donation page on our website [here](#).

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## **Sunday Minister Rota for March**

### **March 10**

Eucharistic Ministers: Lenita Richard and Myrna Koonce

Crucifer: Wayne Franklin

Lector: Emily Keniston

Usher: Bob Simmons

Coffee Hour Hosts: Thora Easton and Steve Booth

### **March 17**

Eucharistic Ministers: David Savage and Myrna Koonce

Crucifer: Fred Fowler

Lector: Judy Howes

Usher: Cindy Sherwood

Coffee Hour Hosts: The Hickey Family

### **March 24 Palm Sunday**

Eucharistic Ministers: Janene Gorham and Myrna Koonce

Crucifer: Wayne Franklin

Lector: Anita Chandler

Usher: Tom Ainsworth

Coffee Hour Hosts: Cindy Sherwood

### **March 31 Easter**

Eucharistic Minister: Myrna Koonce

Crucifer: Tom Ainsworth

Lector: Wayne Franklin

Usher: Bob Simmons

Coffee Hour Hosts: Parishioners invited to bring sweets and savories

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## **Weekly Prayer List**

### **Prayers For Parishioners, Families, and Friends**

**Ann Marie Cady**

**Allison Schroth**

**Francisco Andreu**

**Steve Secord**

**Diane Dalton**

**Dino Rice**

**Robert Stillings**

**Linda Foster**

**Fred Fowler**

**Jonathan McCormick**

**Peter Haskell**, *friend of Allison Schroth*

**Martha and Steve Gagliardi**, *friends of Fr. Tom*

**Tommy Valente**, *friend of Don and Ann Marie Cady*

**Jane Reiha**, *friend of Judy Howes*

**Brenda Pappalardo**, *friend of Judy Howes*

**Stephen and Rebecca Seraniche**, *friends of Dino Rice*

**Marge Devine**, *family member of Allison Schroth*

**Jimmy Devine**, *family member of Allison Schroth*

**Sharon Bay**, *family member of Ann Bay*

**Fuji Sprott**, *friend of David and Dino Rice*

**Steve Garnett**, *friend of Cindy Sherwood*

**Pam**, *friend of Cindy Sherwood*

**Sally**, *friend of Cindy Sherwood*

**David Turner**, *cousin of Craig Mousin*

**Tammy**, *friend of Craig Mousin*

**Beth**, *friend of Lee Walters*

**Pam**, *friend of Anita Chandler*



If you wish to add or return persons to the prayer list, please contact our Prayer Ministry Coordinators:

Allison Schroth, at: 207-807-1315  
ASchroth@maine.rr.com

or

Emma Bond at: 207-619-3662  
emma.e.bond@gmail.com

### **A Prayer for Those We Love**

Almighty God, we entrust all who are dear to us to your never-failing care and love, for this life and the life to come, knowing that you are doing for them better things than we can desire or pray for; through Jesus Christ our Lord. Amen.

From *The Book of Common Prayer*

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## **MUSIC NOTES FOR THIS SUNDAY**

In 1896, the year before his death, Brahms completed a set of 11 chorale preludes for organ, of which "Herzliebster Jesu" (O Blessed Jesu) is the second. The tragic mood of the text (see Hymn 158) is underscored by poignant harmonies and a remarkable, sighing pedal motif.

Charles Wesley, brother of John Wesley, the founder of Methodism, wrote over 6,000 hymns, a number of which are still sung today. Indeed, many church historians believe that Charles' hymns were as instrumental in the growth of the Methodist movement as was John's evangelistic preaching. "O For a Thousand Tongues to Sing" is commonly sung to the tune "Azmon," composed by America's first champion of music education, Lowell Mason.

The text for our Sequence Hymn, "Now Let Us All With One Accord" was written by Saint Gregory the Great (540-604 A.D.) who was popularly known in his day as the "Father of Christian Worship," for his work with the liturgy to make it Christ-centered. St Gregory was recognized for his

scholarship as one of the Doctors of the Church and his hymnody is remembered and used widely to this day. This particular hymn calls for God's help in our temptation and redemption. It's a traditional selection for Lent, the lyrics reminding us that, when we are anxious and feel separated, we can still turn to God for strength for the journey.

The tune, "Bourbon," is attributed to Freeman Lewis (1780-1859), a surveyor and schoolteacher who played the organ for a Presbyterian Church in Uniontown, Pennsylvania. Why the unusual title? Well...he had eleven children, and perhaps benefited from some occasional fortification!

Trained for a career in law, the Venetian composer Benedetto Marcello (1686-1739) was a "dilettante" in the original, wholly positive, sense of the word: an aristocrat who pursued an art form as a sideline. A magistrate, district governor and member of Venice's governing Council of Forty, Marcello is best known today for his musical paraphrases (often called "sinfonias") of the first 50 Psalms. His jubilant setting of Psalm XIX is the most popular of the group. ~HT

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